**OCTOBER** is Domestic Violence Awareness Month.

DONATE DIGITALLY TO SAFE HOUSE THROUGHOUT THIS MONTH TO ENTER A RAFFLE WITH ITEMS FROM THE UNM SCHOOL OF MEDICINE!

12th

**Food Access as Violence Prevention**

11:30am-1:30pm
Lobo Food Pantry

Check Social Media for recipes on a budget and visit the Lobo Food Pantry for SNAP Applications and groceries!

14th

**Healthy Relationships Workshop**

3pm
email women@unm.edu for zoom link

Learn how to perform an "ABC Quick Check" to ensure a safe ride!

15th

**Wear purple to support survivors of Domestic Violence!**

This raffle is in collaboration with Students at the HSC from the Community Action for UNM Student Empowerment (CAUSE) group, the Office for Diversity, Equity and Inclusion, and the IPE Office.

21st

**Babes who Bike: Basic Bicycle Maintenance Workshop**

10am
email women@unm.edu to reserve your in-person spot in the Mesa Vista Courtyard OR to receive the zoom link

Learn how to perform an "ABC Quick Check" to ensure a safe ride!

28th

**Self-Care Celebration**

12pm-1pm
Visit our Self-Care stations in the WRC courtyard to make calming creations!

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