**Good health and life’s special moments infographic text**

7 in 10 Americans worry poor health will limit their life experiences

62% of all respondents said doing the things they want in their lifetime will require good health

Those with type 2 diabetes (87%), heart disease (89%) and stroke (90%) were more worried their health would limit their life experiences

54% of all respondents have prioritized their health more as they’ve gotten older

65% are worried their loved ones won’t be healthy enough to experience “life moments” with them

85% said the pandemic has made them more grateful for the time they spend with their loved ones

Learn more about the link between type 2 diabetes, heart disease and stroke for a healthier future:

KnowDiabetesByHeart.org

Survey conducted by OnePoll for the American Heart Association and the American Diabetes Association with a sample of 2,000 Americans from May 4–14, 2020.

copyright American Heart Association