

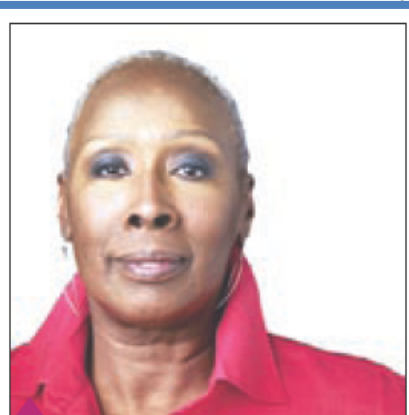


Walk my dog around the city more. When I first got Harry, I walked and walked and walked with him through the Village and sometimes as far as Battery Park City. We've gotten a bit lazy. If I walk Harry more, perhaps that will tie into my other resolution — to exercise and lose weight."

— Isaac Mizrahi, fashion designer

A New York state of mind in 2010

Buzz-worthy New Yorkers gave us their New York City-related resolutions for the new year — from visiting the ballet and opera more often to imbibing religiously on the city's rooftops. For more resolutions, head to amny.com. — compiled by Julie Gordon and Emily Hulme



I will be making a lot of surprise drop-in visits to The Ailey Extension. I love to see the surprised look on the students' faces.

— Judith Jamison, artistic director of Alvin Ailey American Dance Theater



Consciously have ever-greater appreciation for the basics of life that I sometimes tend to take for granted."

— Michael Feinstein, "Feinstein's at the Regency"



Maintain yoga as a part of my pregnancy lifestyle through classes at YogaWorks in SoHo, to be a great mother and to help my dog Cookie be a 'skinnygirl' and take her for walks in ... TriBeCa, SoHo or along the river.

— Bethenny Frankel, star of "The Real Housewives of New York City" and author of "The Skinnygirl Dish"

Stop giving the MetroCard booth the finger because it can't read my credit card. It's illegal to threaten an MTA employee and it's the closest thing to one that I've seen in months.

— Judy Gold, comedian



Get NYC kids excited about being active and playing sports again.



— David Barton, founder of DavidBartonGym

Go to ABT and The Met ... a few times. I need to broaden my horizons.



— Adam Duritz, lead singer of Counting Crows



Put the great restaurants of New York City to better personal use. I resolve to force-feed myself at least twice week — preferably from Halal street stands or the many Fresco Tortilla taco shops. Last year I totally slacked off on my calorie intake. This year, I'm going to eat a lot."

— Andrew W.K., singer



Spend more time on NYC rooftops, drinking warm eggnog spiced with Southern Comfort and freshly grated nutmeg.

— Crazy Legs Conti, competitive eater

I always get made fun of for my old-school planner that I carry with me everywhere around New York. I have random pages folded and papers flying out, so I plan on becoming more organized.



— Dylan Lauren, CEO of Dylan's Candy Bar