

THE AILEY. EXTENSION

Media Contact

Nyrie McKenzie

nmckenzie@alvinailey.org

Kids and Young Adults Dance Their Way to Fitness at The Ailey Extension

New Courses Offer Healthy Choices for Local Youth Ages 7-21 This Summer

School is nearly out and for teens and college students nationwide that means one thing – summer vacation! Looking for fun fitness options this season? Choose from one of the various summer workshops dedicated to youth at the Ailey Extension and dance your way to healthy habits! Get active and join the Ailey Extension in public classes and specialized workshop that will benefit kids and the entire family.



Youth Dance Day at The Ailey Extension. Photo by Ruben Roncallo.

Hip Hop 4 Kids

June 4 - 25

Saturdays, 10:30-11:30am

Kids ages 7-11 who love to dance won't want to miss out on [Hip Hop 4 Kids](#)! Students will enjoy fun and exciting classes that focus on today's most popular dance trends. Learn fundamental Hip-Hop moves, including basic body isolations, and simple choreography; while developing coordination and building self esteem and confidence.

[Teen Dance Series](#) Summer 2011 Session (June 5 - July 31) is also available for youth ages 12-17 and offers a diverse range of dance classes including Ballet, Hip-Hop, West African and Samba/Afro-Brazilian.

Ailey Experience Weekend

June 25 - 26

[Ailey Experience Weekend](#) offers an absolutely unique New York experience for dance students - master classes in a variety of techniques at New York City's premiere dance studio for youth ages 12 – 21.

Learn from Ailey instructors at the top of their field in techniques like Ballet, Horton, Contemporary, Hip Hop, West African and more. Students have the opportunity to see what it's like to train professionally at the world renowned Alvin Ailey American Dance Theater's home, The Joan Weill Center for Dance - the largest building dedicated to dance in New York! Catered lunches, talks with industry experts, meet and greets with former members of Alvin Ailey American Dance Theater and discount performance tickets round out this exciting weekend!



© Kyle Froman Photography

Ailey Experience Samba. Photo by Kyle Froman



Ailey Experience Ballet. Photo by Kyle Froman

Ailey Experience 2-Week Student Workshop

August 1 - 12

Monday – Friday

The ultimate New York experience for dance students ages 12 - 21. [Ailey Experience Workshop](#) gives dancers the opportunity to choose between Week One, Week Two, or two full weeks of master classes in a variety of techniques at New York City's premiere dance studio. Get an inside look at life as an Ailey student with daily classes led by renowned Ailey faculty. The workshop also offers catered lunches, talks with industry experts and souvenir giveaways. Additional special options include hotel discounts and discounted Broadway performance tickets.

For video and photos, visit pressroom.alvinailey.org

For additional information on The Ailey Extension or to register, visit www.aileyextension.com

About The Ailey Extension

Since its inception in 2005, The Ailey Extension has fulfilled Mr. Ailey's life-long commitment of bringing dance to everyone by offering "real classes for real people". The Extension offers over 80 classes per week in over 25 different dance and fitness techniques for all levels. Over 43,000 people have taken classes at Ailey's home, the nation's largest building dedicated to dance, where people of all walks of life can dance and be inspired – body, mind, and spirit!