

THE AILEY EXTENSION

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The Ailey Extension Presents *Teen Dance Series & Tiny Steps* for Children and Young Adults

(New York , New York) August 26, 2010 —The Ailey Extension is pleased to announce a unique experience for 2-year-olds and teens ages 12-17 just in time for *Back to School*. September 12 – November 21, 2010, The Ailey Extension will present **Teen Dance Series** and **Tiny Steps**, two exciting and enriching dance experiences for students of all ages and levels.



The Ailey Extension's Teen Ballet. Photo by Kyle Froman

The Ailey Extension **Teen Dance Series** offers a diverse range of dance classes including Ballet, Hip-Hop, West African and Samba/Afro-Brazilian. Teens will be introduced to the basic principles of dance and will learn the moves featured in today's popular music videos and movies. These weekly classes will be taught by renowned instructors in a “no-pressure” environment that allows students to gain confidence not only in their dancing abilities but in themselves!

The **Tiny Steps** program offers a series of music and creative movement classes for children two years of age. Tiny Steps will celebrate your child's natural ability to move in an expressive way. These weekly 45-minute classes are designed to engage children, parents and caregivers through group and individual participation which is vital for early childhood development. Share the joys of music and movement through rhythm and dance as instructors guide your child through fun, playful dance exercises. Music will accompany the class and will enhance basic musicality through drumming rhythms. Your child will develop body awareness and control while exploring his or her own creativity to understand the connection between dance, rhythm and music.



The Ailey Extension's Tiny Steps. Photo by Kyle Froman

To learn more about The Ailey Extension classes or to register, please visit: www.aileyextension.com

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Since its inception in 2005, The Ailey Extension has been fulfilling Alvin Ailey's mission of delivering dance back to its origin, the people, by offering “real classes for real people”. The Extension offers over 90 classes per week in over 25 different dance and fitness techniques for all levels. Over 40, 000 people have taken classes at Ailey's home – the nation's largest building dedicated to dance. It boasts 12 spacious studios with floor to ceiling windows and views of the New York City skyline, providing a space where dancers of all levels and walks of life can learn and be inspired – body, mind, and spirit.

The Ailey Studios are located at The Joan Weill Center for Dance, home of Alvin Ailey American Dance Theater, at 405 West 55th Street (at 9th Avenue).